



The W82GO team welcomes referrals to the Temple Street Smartphone trial.

Treatment of childhood obesity can prevent adult obesity and in the immediate term can address the co-morbidities, which the child presents. Our data suggests that our treatment is effective.

In an effort to scale up access to treatment, from Spring 2013 the hospital will host a randomized controlled trial (funded by the HRB, the Children's Fund for Health and the National Children's Research Centre) to compare the effect of usual face-to-face care (W82GO) with therapist-assisted remote care delivered via an Android smartphone application (Reactivate App).

Who is eligible?

- Adolescents aged 12-16 years;
- who have a BMI on or above the 98th percentile and;
- who are not receiving weight management at present

Please use the referral form enclosed and refer patients to Dr. Sinead Murphy, Consultant Paediatrician, Temple Street Children's University Hospital, Temple Street, Dublin 1.

Upon receipt of referral an appointment will be made for the adolescent to be assessed by our multi-disciplinary team

Please see our website for further information www.w82go.ie or contact the Principal Investigator, Grace O'Malley on 01 8784563



Referral to Temple Street Smartphone Study

Adolescents 12-16 years >98th percentile for BMI only

Name:
Address:
DOB:
Phone number:

Dear Dr. Sinead Murphy,

Thank you for kindly assessing the above patient for his/her suitability to attend the Temple Street W82GO! Programme / Smartphone study

Date of Assessment:		Gender	
Height (cm)		Weight (kg)	
BMI		Waist circumference	
Blood pressure			
Evidence of hypothyroidism?			
Cutaneous markers?			
Symptoms of diabetes?			
Other Information			

I accept that this information is intended as a guideline only.

Yours sincerely,

General Practitioner

Date of Referral